



Subject: PE **Topic:** Ball Skills **Year Group:** Year 2

What I should already know:

- To send equipment in different ways e.g. underarm throwing, rolling, balancing, kicking and hitting skills
- To use a range of equipment in different ways
- To dribble using hands and feet
- To intercept, retrieve, catch, receive or stop a moving object
- To move in line to retrieve or receive a ball
- To begin to play games in pairs and aim at targets
- To describe what myself or others are doing

Vocabulary:

Throw, catch, send, receive, control, move, hands, roll, catch, retrieve, watch, target, aim, react, bring in to chest, pass, bounce, underarm, overarm, opposite, technique, distance, out in front, different heights (catching), balance, one hand, two hands, improve.

What I will know by the end of the unit:

- Throw, catch and bounce using 1 and 2 hands, when still and when on the move
- Beat my own record to improve my performance
- Aim at a variety of targets
- Make activities easier/harder
- Make up my own rules for games and score points

Activities I can take part in to achieve my objectives:

- Independent throw, catch and aim activities
- Relay style and partner activities to practice skills
- Throw, catch and aim games
- Target games
- Teaching techniques for underarm, overarm throw, bounce pass etc