



Subject: PE Topic: Gymnastics Year Group: Year 2

What I should already know:

- Take off and land safely from apparatus
- Describe actions I see
- Copy and explore different body shapes
- Link actions and be able to repeat and perform them
- Use different levels
- Adapt movements safely to apparatus

Vocabulary:

Parts high/low, level, point, patch, pathways, quick, slow, turn, spin, twist, shapes, tuck, pike, straddle, straight, star, match (same), mirror (opposite), travel, roll, flow, start, finish, balance, tension, repeat, remember, pair, individual, apparatus, perform.

What I will know by the end of the unit:

- Plan and repeat simple actions
- Use a variety of travels and balances on different body parts
- Link 2 or more movements together
- Use different pathways (straight, zig-zag, curved etc)
- Jump showing control
- Work with a partner to match and mirror actions
- Perform a simple sequence with a partner

Activities I can take part in to achieve my objectives:

- Learning techniques, copying and repetitive use of vocabulary
- Combining movements smoothly – considering transitions
- Exploring points and patches for a variety of different balances – teach shoulder stand
- Sharing ideas
- Working with and alongside a partner