



**Subject:** PE      **Topic:** OAA      **Year Group:** Year 3  
**Focus:** problem solving and teamwork – please avoid orienteering

**What I should already know:**

- developed general awareness of movement, eg travelling, stopping and turning
- copied, explored and planned simple movements
- followed simple instructions successfully
- responded promptly to tasks
- worked cooperatively with other children

**Vocabulary:**

- listen
- explore, plan and do
- seek and find
- challenges
- problem solving
- plan, do and talk about
- Team work
- Strategy
- cooperate

**What I will know by the end of the unit:**

- respond to a challenge or problem they are set;
- begin to work and behave safely;
- work increasingly cooperatively with others, discussing how to solve problems;
- recognise that different tasks make their body work in different ways;
- comment on how they went about tackling tasks – identify what was completed well and what different approaches could have been used
- describe their own and others' roles in activities
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**Activities I can take part in to achieve my objectives:**

- See how many things you can rescue from the 'river' without putting any part of your body, including your hands, into the river area. The river is marked by two lines (rope or benches). You can only use the equipment you find on the river bank to help you, *eg skipping ropes, plastic hockey sticks, small bats*. Work as a team to get everything out.
- Various team building and problem solving activities – see docs to support planning