



Subject: PE **Topic:** OAA **Year Group:** Year 6
Focus: problem solving and orienteering using compasses

What I should already know:

take part in outdoor and adventurous activity challenges both individually and within a team

- compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- To choose and perform skills and strategies effectively
- Find solutions to problems and challenges
- Plan, implement, adapt and refine strategies
- Work increasingly well in groups knowing roles and responsibilities
- Prepare physically and organisationally for tasks set
- Take into account safety
- Identify what they do well and suggest areas for improvement

Vocabulary:

Maps, diagrams, symbols, orienteering, compass, compass points, plan, challenge, problem-solving, strategy, approach, review, improve, collaborate, compete, roles, responsibilities, safety.

What I will know by the end of the unit: NB: Y6 will build on Y5 skills – revisiting and developing further

take part in outdoor and adventurous activity challenges both individually and within a team

- compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- To choose and perform skills and strategies effectively
- Find solutions to problems and challenges
- Plan, implement, adapt and refine strategies
- Use compasses to navigate orienteering courses and set instructions
- Work increasingly well in groups knowing roles and responsibilities
- Prepare physically and organisationally for tasks set
- Take into account safety
- Identify what they do well and suggest areas for improvement

Activities I can take part in to achieve my objectives:

- Orienteering – complete courses using map reading skills and compasses
- - make own orienteering course
- Physical challenges and problem solving – see docs to support planning