Heene Church of England (Aided) Primary School 'Learning together, loving others, guided by God'



Subject: PE Topic: Invasion Games Year Group: Year 4

What I should already know:

- To roll/throw ball at target with accuracy
- Dribble ball with greater control
- Control a ball whilst moving
- Anticipate the ball and be ready to catch/stop
- React quickly when the ball has been received
- Develop throwing/passing techniques
- Understand rules of simple games
- Apply tactics and skills learnt in small game situations

Vocabulary:

Hockey, football, pass (push pass hockey), kick, strike, receive, dribble (close to foot/stick), pass, control, change direction/speed, accuracy, dominant/non-dominant, in step of foot, tactics, attack, defend, opposition, gain/maintain possession, stop, trap, make space, intercept, signal, tackle, small sided games: 2v2, 3v3, 4v4, 3v1, 3v2, 2v4, throw in, safety, end zone, goal.

What I will know by the end of the unit:

- Play games demonstrating accuracy of skills to control, dribble and pass the ball
- Find ways of attacking successfully and communicate as a team to keep possession of the ball
- Intercept the ball
- Make space in order to pass/set up goal scoring opportunities
- Know the rules of games and play games fairly
- Understand the need for attack and defence
- Apply tactics and skills learnt in small game situations

Activities I can take part in to achieve my objectives:

- Independent practices keeping control in a restricted area
- Team activities where there are fewer defenders or interceptors to encourage/develop success as attackers
- Passing practices in pairs/small groups introducing interceptors to add 'pressure'
- Control and technique practises
- Small sided games to learn rules, apply skills and focus on a specific element e.g. signalling/communication
- Goal and end zone practises in small teams